

# Grass Sledging

### Location

This activity takes place on a purpose-built slope that is grass covered and has barrier rails to direct and control the direction of travel.

### Equipment

Manufacturer supplied sledges for use on grass. Helmets are provided.

| Hazard  | Hazard Effect   | Risk Control Measures   |
|---|---|---|
| Impact with side barrier or another sledge.   | Trapped fingers, bruising.                                      | Ensure hands are on brake handles and feet are in sledge. Active and firm group control. Ensure slope is clear before commencing run.   |
| Dangerous activity: Running down the slope pushing a sledge, Pushing a sledge into the path of another. | Impact injury. Minor to severe.                                 | Ensure the slope is clear before commencing run. Active and firm group control.   |
| Poor instruction & leadership.  | Dangerous or irresponsible activity that could result in injury | Active and responsible group control. There is no NGB qualification or award for this activity. Centre staff undertakes site specific training. Responsible adult group/youth leaders may run the activity after equipment hand over by centre staff. Continuous observations by Centre management and feedback from user groups. |
| Falling over.   | Grazing bruising breaks.  | Do not permit participants to run down the slope pushing a sledge.  |
| Speed   | Impact injury. Minor to severe.                                 | Participants need to be fully aware of how to activate the break in the sledge  |