

## Low Ropes

### Location.

This activity takes place on a purpose-built course that is located around the edge of the chapel area.

### Equipment

Helmets are provided for use by both participants and the instructors.

### Health & Hygiene

All participants are to wear good shoes (no flip-flops or croc style shoes allowed).

Hazard	Hazard Effect	Risk Control Measures
Overweighting foot wire.	Falling, breakages	Only 1 participant per wire allowed, except for final long hanging vines wire, where 2 are permitted instructor to monitor at all times.
Hitting head	Head injury.	All participants to wear helmets at all times while in the area of the course. Instructor to ensure all participants (and instructor) is wearing their helmet.
Falling off course.	Strains, minor injuries, breakages.	Spotters to be used at all times, pre-trust exercise used to enforce spotting. Small manageable groups to be used (minimum groups of 3 used).
Slipping off course.	Strains, minor injuries, breakages.	Participants to wear sturdy footwear, instructor to check all footwear before starting course. No flip-flops or croc style shoes allowed.
Entrapment of fingers.	Fingers breaking.	Instructor to brief participants not to put fingers in any eye loops or any non-colour element. Participants only to use colour ropes (combi rope) that is above the foot wire. Ratchet straps or nylons not to be used to hold on to.
Slipping off wooden bridge.	Minor injuries, breakages.	Instructor to carry out pre-usage check of course including checking that no leaves are on the wooden bridge and that bridge is not slippery.
Standing on ratchet straps.	Breaking of course, slipping off.	Instructor to brief participants to only stand on the foot wire.